

INSURANCE

We strongly encourage each person to provide their own international health insurance (existing health insurance policies may have this provision available; dependent children should check with their parents or guardians for possible coverage through one of their existing healthcare insurance plans). We also encourage arranging for trip cancellation insurance and baggage loss or damage insurance.

DISCOUNT CARD OPTIONS FOR MINIMAL TRAVEL AND HEALTH INSURANCE:

- International Volunteer Card (\$15-\$45): available for anyone; www.volunteercard.com
- STA Travel (International Student/Youth Identity Card for \$22): for students, and non-students 25 years of age and under; www.statravel.com or (801) 582-5840

Though recommended, the coverage these cards provide is very limited and is not adequate alone.